

**UST**

**Unresolved  
Sexual  
Tension**



Create or pick from fiction two characters who have UST.  
Define what keeps them apart.

Write about twenty elements from their lives.

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Pick two elements at random. Outline a story in which these elements complicate the lives of your characters and how they respond.

Pick another note, this element then complicates that story.

Describe a scene in that story where they meet. Describe in detail an action that one character takes that triggers the other's attraction. Add one die to the top of the dice tower.

If it doesn't fall, then describe a similar action for the other character and add another die.

If it doesn't fall, outline how their attraction is thwarted and how this story ends. Repeat, starting with two new elements.

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When the tower falls, describe how they give in to their UST and then the consequences, both good and bad, to them and those around them. Decide if they stay together or not.



*Alternatives to dice:*

**Hot Jenga:** use a Jenga tower and draw two blocks each time.

**Wild Hearts:** use a card deck, draw a card each time and add the value to a running total, give in at 60.